

## THE PILGRIM CHALLENGE 2012

## THE NORTH DOWN'S WAY 4TH & 5TH FEB X 238 RUNNERS X 66 MILES X 2 DAYS

The Pilgrim Challenge is one of the U.K's
Toughest Multi Day Ultra Endurance
Races. Each competitor taking part is
expected to complete 66 miles of running
over 2 days of competition on The North
Down's Way. The route is a run from
Farnham to Merstham and back again.

This year the run took place on the 4<sup>th</sup> & 5<sup>th</sup>
February. Competitors set off at three
different start times of 8am, 9am and 10 am
in relation to how quick they could
complete the 33 miles a day. The fastest of
competitors completed the distance in
remarkable of times, with the quickest
being just over 4 hours in icy sub zero
conditions.

Competitors spent the night in Merstham School where they took rest and tried to re cooperate for day 2 of the ultra.

Day 2 saw the course change over night with a thick blanket of snow and ice making footing very unstable. For safety reasons all competitors were designated a single start time of 8am. With the conditions being tougher and legs already tired times were a little slower than the previous day.

The race was eventually won by Gwyn Davies with a staggering overall time of 09:42:28. The overall female winner was Michelle Double with a very respectable time of 11:28:25.

The race could not have gone ahead without all the helpers and sponsors of the event such as Hi-Tec, Buff, 9 Bar, Shotz & Elete.

The Pilgrim Challenge 2012 will always go down in Extreme Energy History as the first ever Arctic Ultra hosted by the company and possibly the toughest.



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